

Whole Person Care

The Prairie Ridge ACT team initiates a collaborative approach to treatment on the first day of treatment. This approach begins with the utilization of both a physical and a mental health provider completing separate yet collaborative comprehensive intake assessments. Once the intake is completed, treatment then continues with the whole person care approach and collaboration of care in order to maintain the client's best potential for successful outcomes.



ACT
PrairieRidge



MISSION

Empower individuals to live healthy purpose-filled lives on their terms.

VISION

To engage individuals, families, and communities in personalized whole self care based on a boundless belief in personal potential.

VALUES

Unyielding Empowerment
Relentless Resiliency
Inspirational Integrity
Active Accountability
Radical Respect

Contact Us

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PrairieRidge Assertive Community Treatment





ACT Outcomes in Iowa

Based on study paid for by the Iowa Department of Human Services through its contract with Magellan Health Services for Iowa Plan for Behavioral Health Community Reinvestment funding.

ACT

About ACT:

- Assertive Community Treatment (ACT) is an evidence-based model of treatment for individuals with severe and persistent mental illness for whom traditional approaches have been ineffective.
- Individuals appropriate for ACT have a primary diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder, or chronic major depression.
- Clients have had frequent or prolonged hospitalizations, or experienced homelessness or incarceration by virtue of their mental illness.
- ACT team is staffed by physicians, nurses, social workers, substance use counselors, mental health counselors, vocational specialists, and peer support specialists.
- Individuals must be Medicaid eligible and within 25 miles of ACT office in Mason City.

- 79 % decrease in client hospitalizations
- 94 % reduction of clients in residential care facilities or mental health institutions
- 75 % decrease in client homelessness
- 79 % decrease in client incarcerations
- 34 % increase in client employment
- 16 % reduction in client substance use

Services Provided:



- 24-hour / 7-day-a-week access to staff
- Person-Centered treatment planning
- Medication management and psychiatric services
- Symptom management and skills teaching
- Family support and education
- Substance use reduction services
- Physical health screenings and care coordination
- Employment and assistance accessing housing resources/maintaining housing.
- Assistance maintaining activities of daily living