

Mason City Office

641-424-2391

Marshalltown Office

641-752-5421

Algona Office

515-295-5158

Charles City Office

641-228-1477

Eldora Office

641-752-5421

Forest City Office

641-585-2060

Grinnell Office

641-752-5421

Hampton Office

641-456-2365

Tama Office

641-752-5421

After Hours Crisis Line

1-866-429-2391

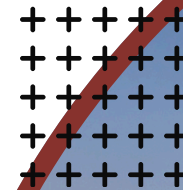


Peer Support

Our Peer Support is not a building or specific place; rather it is an approach to providing care.

Visit our website to submit a referral today.

www.prairieridge.net





PRAIRIE RIDGE

Integrated Behavioral Healthcare

Peer Support is an approach that provides someone relatable to talk to, help identify any gaps in care and helps you get connected with the services at the right time.

You can use Peer Support as little or as much as you feel is needed. You may not need much now, but if any of your needs change later, we will be here to support and assist you as needed.



Empowering individuals to live healthy purpose-filled lives on their terms.



What to Expect

The peer support will help you access and get connected with services, and resources in the community.

- A peer support works with you to get the services and supports you need.
- Support from another who knows what it might be like to walk in your shoes.
- Referrals to community resources.

Do I Qualify?

- No insurance requirements
- Must be at least 18 years of age
- Reside in Cerro Gordo, Floyd, Franklin, Kossuth, Mitchell, Winnebago, Worth, Tama, Poweshiek, or Marshall Counties.
- Have a mental health diagnosis and/or substance use diagnosis that has a significant impact on your daily living.

