



Hours:

Monday – Friday
8:00am – 3:00pm

Contact



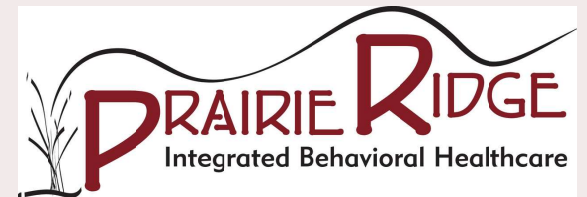
641-425-0572



www.prairieridge.net



214 4th St. SE
Hampton, IA 50441



Franklin County
Drop-in Center

What we offer:

- Mental Health Education
- Cooking Classes
- Budgeting Workshops
- Other groups and individual activities
- Reading Nook
- Movie Room
- Recreation Room with ping pong table, dartboard, and bean bag toss
- Games and puzzles
- Projects and art supplies
- Health & Life Skills Groups
- Assistance with resumes and applications

Mission:

To empower individuals to live healthy purpose-filled lives on their terms.

Vision:

To engage individuals, families, and communities in personalized whole self-care based on a boundless belief in personal potential.

Values:

**Unyielding Empowerment
Relentless Resiliency
Inspirational Integrity
Active Accountability
Radical Respect**

Encouraging individuals of reaching their personal goals, making positive choices at home, work, and in the community and living healthy lifestyles.

