

Mission

Empower individuals to live healthy purpose-filled lives on their terms.

Vision

To engage individuals, families, and communities in personalized whole self-care based on a boundless belief in personal potential.

Values

Unyielding Empowerment,
Relentless Resiliency, Inspirational
Integrity, Active Accountability, and
Radical Respect.



Mason City Office
641-424-2391

Forest City Office
641-585-2060

Algona Office
515-295-5158

Charles City Office
641-228-1477

Hampton Office
641-456-2365

After Hours Crisis Line
1-866-429-2391





Walk-In

Assessments

at Mason City Office
for adults age 18 and
over



Counseling

Monday at 12pm
Tuesday at 12pm
Thursday at 8am

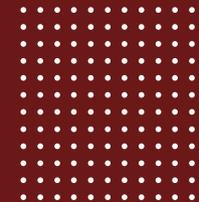


Medication

Tuesday at 8am
Wednesday at 8am

Services

- Outpatient Prescribing including Suboxone and Spravato
- Mental health assessments and therapy
- Residential Treatment (gender-specific), Day Treatment, and Intensive Outpatient Treatment
- Integrated Health Home (IHH)
- Assertive Community Treatment (ACT)
- First Episode Psychosis team (RENEW)
- Drop-In Centers
- Crisis Line
- Prevention & Education
- Gambling Treatment
- Telehealth



How do I pay?

We accept all major insurance plans.

Sliding scale fees available.

No one is denied services due to inability to pay.

Contact Us



641-424-2391



info@prairieridge.net



www.prairieridge.net



320 N Eisenhower Ave.
Mason City, IA 50401



Prairie Ridge

Integrated behavioral healthcare through holistic, patient-centered, feedback-informed prevention and treatment services.