

MISSION

EMPOWER INDIVIDUALS TO LIVE
HEALTHY PURPOSE-FILLED LIVES
ON THEIR TERMS

VISION

TO ENGAGE INDIVIDUALS,
FAMILIES, AND COMMUNITIES IN
PERSONALIZED WHOLE SELF-CARE
BASED ON A BOUNDLESS BELIEF IN
PERSONAL POTENTIAL

VALUES

UNYIELDING EMPOWERMENT
RELENTLESS RESILIENCY
INSPIRATIONAL INTEGRITY
ACTIVE ACCOUNTABILITY
RADICAL RESPECT



*Offering Guidance to Find
the Light Within*



Phone: 641-424-2391
Toll Free: 866-429-2391
Fax: 641-424-0783
www.prairieridge.net

Visit our Website to find:
-What We Offer
-What to Bring
-Visitation/Call information

PRAIRIE RIDGE

RESIDENTIAL
PROGRAMMING

Our Philosophy:

We believe each patient has distinct individual worth. We truly feel that every individual who walks through our doors has the capability to be successful in their journey and experience fulfillment in their lives. As staff, we aim to support individuals through respect, rationale, and responsibility to RISE in their RECOVERY. We value the role that community plays as the common ingredient of change!

Testimonials:

"When I first entered this program, I was CERTAIN it wasn't going to help me. I was wrong! Prairie Ridge helped me strive to believe that I would and could make it and to believe in myself along the way."

"I am eternally grateful to have been a part of this program. I have changed the way I look at myself and the way I view the world. Most importantly, it reminded me that people still really care about me."

"When I walked through the doors, fear washed over me immediately. I was then embraced by a sense of comfort and relief and was welcomed with open arms."



Programming:

Prairie Ridge is a comprehensive treatment program focusing on primary substance use issues while addressing secondary co-occurring concerns. We utilize evidence-based practices emphasizing flexible gender-specific programming designed to meet the needs of the individual. Our core programming includes DBT dialectical behavioral therapy, MATRIX early recovery and relapse prevention, ABT adventure-based therapy and optional 12 step approaches offered through a trauma-informed lens of care. We place importance on creating a solid foundation for sobriety and aid in development of transition plans to help ensure patients experience success in the steps that follow. Patients will participate in a support conference to share with their identified support system. Patients have the opportunity to engage in visitation with family and friends in person and via social media outlets at identified times in identified routes. Services are offered within newly remodeled facilities that provide a warm and inviting living space for patients during their treatment episode. The agency is surrounded by a 20-acre prairie with walking trail and offers an Exercise Wellness Center to promote whole health, along with our favorite furry friends who serve as therapy dogs.

Medical & Psychiatry:

Additional services are incorporated to provide withdrawal assessment, medication management, psychiatric evaluation, and follow up as needed and/or desired.

Payment Options:

Prairie Ridge is a private, non-profit, community-based organization. We accept the following forms of payment:

- Payment for services from most major health insurance plans
- Medicaid reimbursement
- Self-pay: Cash / Credit or Debit card
- Sliding-scale fee available for Iowa residents only

Placement:

To be considered for Residential Programming, we would need a Substance Abuse Evaluation that has been completed within the last 30 days. This would need to be completed by a provider who specializes in Substance Use Services. Your Clinician and/or Provider will have this sent to us via fax or email.

Once we have received the referral evaluation, we will contact the patient and referral within 24/48 hours to discuss placement options.

