



Mission

To empower individuals to live healthy purpose-filled lives on their terms.

Vision

To engage individuals, families, and communities in personalized whole self-care based on a boundless belief in personal potential.

Values

Unyielding Empowerment
Relentless Resiliency
Inspirational Integrity
Active Accountability
Radical Respect

Mason City Office

641-424-2391

Mason City Drop-In Center

641-243-7298

Forest City Office

641-585-2060

Algona Office

515-295-5158

Charles City Office

641-228-1477

Hampton Office

641-456-2365

Hampton Drop-In Center

641-425-0572

After Hours Crisis Line

1-866-429-2391

www.prairieridge.net

Prairie Ridge

Medication-
Assisted
Treatment



Accessing MAT

Prairie Ridge provides access to medication-assisted treatment for addiction to alcohol and opioids, such as heroin or prescription painkillers.

We offer Suboxone, Naltrexone, Vivitrol, Acamprosate, and Antabuse.

We are able to provide medical support for individuals in need of assistance with outpatient/ambulatory detox.

Patients in need of medical detox are given a referral to our local hospital.

About Suboxone

Suboxone is the brand name for Buprenorphine, a medication approved by the FDA to treat Opioid Use Disorder.

When taken as prescribed, Suboxone is safe and effective.

- Diminishes the effects of physical dependency to opioids
- Increases safety in case of overdose
- Lowers the potential for misuse

About Naltrexone

Naltrexone is a medication approved by the FDA to treat both Opioid and Alcohol Use Disorders.

It is not an opioid, is not addictive, and does not cause withdrawal symptoms. Vivitrol is an extended-release injectable version of Naltrexone. Vivitrol and Naltrexone block receptors and reduce cravings.

About Antabuse

Antabuse is the brand name for Disulfiram, a medication approved by the FDA to treat Alcohol Use Disorder. Acts as a deterrent to drinking by producing significant physical reactions when taken in combination with alcohol.

About Acamprosate

Acamprosate is FDA-approved to treat Alcohol Use Disorder. It reduces the physical and emotional distress connected to cravings after alcohol use has ended.

What is MAT?

Medication-assisted treatment (MAT) is a combination of medications to treat addiction along with counseling and behavioral therapies. Our psychiatric practitioners will help you decide which combination of treatment is best for you.

MAT Effectiveness

- Lower risk of relapse
- Improve well-being
- Increase ability to gain and maintain employment
- Improve birth outcomes among women who have substance use disorders and are pregnant
- Decrease risk of getting HIV or Hepatitis C