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**EMPOWERING  
INDIVIDUALS TO LIVE  
HEALTHY PURPOSE-FILLED  
LIVES ON THEIR TERMS**

*SLIDING FEE SCALES, BASED ON INCOME AND FAMILY SIZE, AND OTHER FUNDING OPTIONS ARE AVAILABLE FOR THOSE WHO QUALIFY. NO ONE IS DENIED SERVICES DUE TO INABILITY TO PAY.*

## **ADOLESCENT PSYCHIATRIC SERVICES:**

Prairie Ridge offers psychiatry services for young children and adolescents with our virtual child psychiatrist, Dr. Williams, and our team of in-person psychiatric nurse practitioners. Dr. Williams has a particular interest in treating those in underserved communities, child and adolescent population and transitional-age youth, and providing psychoeducation to patients and families regarding mental health diagnoses and treatments. Clinical interests include treatment and support for autism spectrum disorder, LGBTQIA+ health, PTSD/trauma, anxiety, and depression.

## **ADOLESCENT THERAPY SERVICES:**

Prairie Ridge has multiple child and adolescent trained therapists including LMHC, LISW, and LMFT trained therapists. Specific evidence-based practices used with children and adolescents include but are not limited to: EMDR, EMDR Sand Tray, Parent-Child Interaction Therapy (PCIT), Play Therapy with play therapy room on site, MET/CBT curriculum for youth with substance use/co-occurring disorders, Dialectical Behavioral Therapy (DBT), Cognitive Behavioral Therapy (CBT), and others.

Call to schedule an evaluation

