

## ACCESSING MAT



We strongly encourage you to consult with your therapist and/or primary care provider regarding the benefits of medication-assisted treatment. The costs of these medications, on average, are less than \$5 per day. Many insurance plans, including Title XIX, help to cover the cost and your therapist can discuss other payment options with you.

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## PRAIRIE RIDGE

### MEDICATION- ASSISTED TREATMENT



Integrated Behavioral Healthcare

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## INFORMATION ON MEDICATION-ASSISTED TREATMENT

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Medication-Assisted Treatment (MAT) is pharmacotherapy relating to substance use disorders. It provides pharmacological intervention with counseling and behavioral therapies. Effective MAT for alcohol dependence has been shown with the FDA approved medications Naltrexone (ReVia, Depade), Naltrexone for Extended-Release Injectable Suspension (VIVITROL), Disulfiram (Antabuse), and Acamprosate Calcium (Campral).

### ABOUT DISULFIRAM (ANTABUSE)

Introduced in 1948, Antabuse was the first medication approved for Alcohol Dependence.

Antabuse interacts with alcohol to produce unpleasant side effects that include flushing, nausea, chest pain, breathing difficulty, headache, confusion and blurred vision for up to 2 weeks after the last dose is taken.

The effects start approximately 10 minutes after alcohol enters the body and last for an hour or more.

### ABOUT ORAL NALTREXONE

Naltrexone is thought to reduce the pleasurable effect of alcohol and, in turn, reduce alcohol consumed in one sitting and number of heavy alcohol consumption days.

Naltrexone does not reduce the effects of alcohol that impair judgment.

Naltrexone is not addicting, either emotionally or physically, and can be stopped at any time without negative effects.

In clinical studies, patients who received naltrexone were twice as successful in remaining abstinent and in avoiding relapse as patients who received a placebo.

It is an oral medication taken once daily.

### ABOUT NALTREXONE FOR EXTENDED-RELEASE INJECTABLE SUSPENSION (VIVITROL)

VIVITROL was approved by the FDA in 2006. It is a long-acting medication that is administered once a month via injection.

Advantages of VIVITROL, because it is administered once per month, include improvement in treatment adherence and stability with effects.

### ABOUT ACAMPROSATE CALCIUM (CAMPRAL)

FDA approved in 2004, Campral reduces the physical and emotional distress connected to cravings after alcohol consumption is stopped. It is an oral medication with a recommended daily dose of two 333 mg. tablets three times a day.

Patients must be abstinent before beginning treatment.

Campral does not stop patients from consuming alcohol, nor does it cause negative effects if a patient drinks while taking Campral.

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