

## Directions to Mason City Office

From I35: Take Mason City exit 194. Head east on Hwy 122. Turn north on Eisenhower Avenue.

From Avenue of Saints (Hwy 18/27): Take exit 183 onto Mallard Ave. N. This turns into Eisenhower Ave. Continue past Hwy 122 junction.

Located in front of Mercy West Campus.

Outreach offices are located in Algona, Charles City, Forest City, and Hampton.

Mason City Office  
641-424-2391

Mason City Drop-In Center  
641-243-7298

Forest City Office  
641-585-2060

Algona Office  
515-295-5158

Charles City Office  
641-228-1477

Hampton Office  
641-456-2365

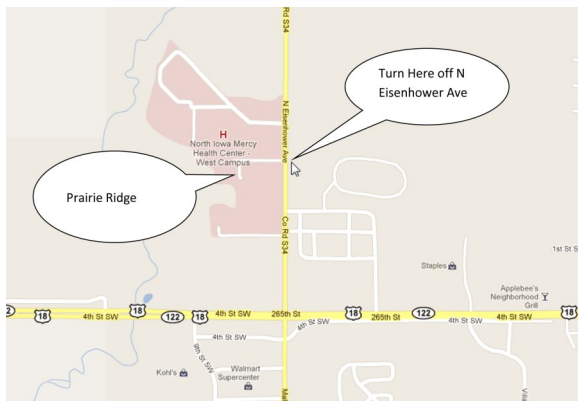
Hampton Drop-In Center  
641-425-0572

After Hours Crisis Line  
1-866-429-2391

PRAIRIE RIDGE



**Integrated behavioral healthcare through holistic, patient-centered, feedback-informed prevention and treatment services.**



PRAIRIE RIDGE

[www.prairieridge.net](http://www.prairieridge.net)

## **Mission**

Empower individuals to live healthy purpose-filled lives on their terms.

## **Vision**

To engage individuals, families, and communities in personalized whole-self care based on a boundless belief in personal potential.

## **Values**

Unyielding Empowerment  
Relentless Resiliency  
Inspirational Integrity  
Active Accountability  
Radical Respect

## **Services**

Outpatient prescribing including Suboxone & Spravato

Mental health assessments and therapy

Residential treatment (gender-specific), Day treatment, & Intensive outpatient treatment

Integrated health home

Assertive Community Treatment

First Episode Psychosis team

Drop-In Centers

Crisis Line

Prevention & Education

Gambling treatment

Primary Care related to co-occurring disorders

Telehealth

## **Walk-in Assessments**

at Mason City office for adults age 18 and over

## **Counseling**

Monday at 12pm  
Tuesday at 12pm  
Thursday at 8am

## **Medication/Prescribing**

Tuesday at 8am  
Wednesday at 8am

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We accept all major insurance plans.

Sliding scale fees available.

No one is denied services due to inability to pay.